



Football Player Development and Training

Yarra Glen Junior Football & Netball Club seeks to develop all of our players to the best of their abilities.

Development pathways

Yarra Glen Junior Football & Netball Club is committed to the development of all of its players.

The Club adopts a pathway approach encouraging children to participate in Auskick, then developing them through their junior years (Under 9s – 18s) with the hope that they will then go on to play senior football.

The underlying aim is to have fun and develop players to the best of their ability.

Under 9s and 10s

Under 9s and 10s development

The majority of players in the Under 9s and 10s are still in the early stage of learning what many would consider to be the basic skills.

In these age groups the emphasis is placed on participation and enjoyment. Additional goals are the acquisition of football skills and the nurturing of physical and emotional development and wellbeing.

The Club believes strongly in the equality of opportunities given to players in the Under 9s and 10s. Players should be provided equal game time, although this may need to be averaged out over several weeks. Similarly players should be provided with the opportunity to play in all positions, although this may need to be averaged out over several weeks. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.

Under 9s and 10s training

The Under 9s and 10s will train one night a week.

The coaches will advise the location, timing and duration of training.

Players are encouraged to attend training and to participate in a cooperative manner.

Non-attendance at training or poor behavior may affect a player's selection or game time.

The Club does not provide first aid officers at training. Training may also be cancelled due to excessive heat, inclement weather or poor ground conditions. Accordingly, parents are expected to remain at training. They are also encouraged to assist the coaches with training.

Under 11/12s

Under 11/12s development

Some players in the Under 12s have developed good skills and are able to perform at a faster pace, which places them at a more competitive level in a match situation. However, some players are still in the early stages of understanding the game and developing their skills. In many ways this is a transitional period as the players' progress into a more competitive environment.

In these age groups the emphasis is placed on participation and enjoyment. Additional focus is placed on skill development and team work supplemented through set plays and positioning.



The Club believes strongly in providing equal opportunities to players in the Under 12s. Players should be provided equal game time, although this may need to be averaged out over several weeks. While some players at this age become naturally suited to set positions, we encourage players to try various positions. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.

Under 11/12s training

The Under 12s may train one or two nights a week.

The coaches will advise the location, timing and duration of training.

Players are encouraged to attend training and to participate in a cooperative manner.

Players are encouraged to attend training and to participate in a cooperative manner. Non-attendance at training or poor behavior may affect a player's selection or game time.

Players must wear helmets during games.

The Club does not provide first aid officers at training. Training may also be cancelled due to excessive heat, inclement weather or poor ground conditions. Accordingly, parents are expected to remain at training. They are also encouraged to assist the coaches with training.

Under 13/14s

Under 13/14s development

Many players in the Under 14s have developed good skills with some even playing representative football while others are still developing.

This can be a difficult time as players mature at different rates: individual players can grow rapidly leading to significant differences in size, ability, confidence and maturity.

In these age groups there is still an emphasis on participation and enjoyment but with an increasing focus on development as the players mature.

The Club believes strongly in providing equal opportunities to players in the Under 14s. Players should be provided equal game time, although this may need to be averaged out over several weeks. Players are still encouraged to try various positions while recognizing that this is a time when players can begin to specialize as they develop and mature.

Under 13/14s training

The Under 14s will train for two nights a week.

The coaches will advise the location, timing and duration of training.

Players are encouraged to attend training and to participate in a cooperative manner. Non-attendance at training or poor behavior may affect a player's selection or game time.

The Club does not provide first aid officers at training. Training may also be canceled due to excessive heat, inclement weather or poor ground conditions. Accordingly,



parents are expected to remain at training. They are also encouraged to assist the coaches with training.

Under 15/16/17/18s

Under 15s- 18s development

By this stage we expect that most players will have developed good skills and a sound understanding of the game. While the coach has overall responsibility for the development and well being of the team we expect players to become more accountable and take greater responsibilities for their training and performance.

This is a watershed period: some players have developed very good skills and have been selected for representative squads. Others are aspiring to play senior football at Yarra Glen while others are less driven to play senior football. Hence it can be a difficult period with playres having various aspirations. Our aim is to help the players develop to the best of their abilities and while the Club will seek to achieve this, it will very much depend on the desires of the players and their individual commitments to not only training but their own development.

Under 16s and 18s training

The Under 15's-18's will train two nights a week.

The coaches will advise the location, timing and duration of training.

Players are encouraged to attend training and to participate in a cooperative manner. Non-attendance at training or poor behavior may affect a player's selection or game time.

The Club does not provide first aid officers at training. Training may also be cancelled due to excessive heat, inclement weather or poor ground conditions. Accordingly, parents are expected to remain at training. They are also encouraged to assist the coaches with training.

Summary of Under 9 Policies

The following provides a summary of the policies that apply to Yarra Glen Junior Football & Netball Club's Under 9 teams. A full set of policies is available on the Club's website: www.yarraglenjfc.com.au_If there are any discrepancies between this summary and the Club's Policy Manual, the Manual will prevail.

If you have any queries regarding these policies you should contact you team manager / coach in the first instance and then, if necessary the Club Secretary.

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| Player Development | In this age group the emphasis is placed on participation and enjoyment. Additional goals are the acquisition of football skills and the nurturing of physical and emotional development and wellbeing. The Club believes strongly in providing equal opportunities to players in the Under 9s. Players should be provided equal game time, although this may need to be averaged out over several weeks. Similarly players should be provided with the opportunity to play in all positions, although this may need to be averaged out over several weeks. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability. |
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| Training | <p>The Under 9s will train one night a week.</p> <p>Players are encouraged to attend training and to participate in a cooperative manner. Non-attendance at training or poor behavior may affect a player's selection or game time.</p> <p>The Club does not provide first aid officers at training. Training may also be cancelled due to excessive heat, inclement weather or poor ground conditions. Accordingly, parents are expected to remain at training. They are also encouraged to assist the coaches with training.</p> |
| Player numbers (7.1) | <p>Subject to injury or other extenuating circumstances each player should be afforded the opportunity to play the same number of games as their team mates.</p> |
| Game time (7.1) | <p>Subject to injury or other extenuating circumstances each player:</p> <ul style="list-style-type: none"> o should be afforded the same amount of game time over the course of the season. o selected on game day will play a minimum of half a game (equiv). <p>No player should play a full game until all players have had the opportunity of playing at least half a game (equiv).</p> |
| Positioning (7.1) | <p>Players should be provided with the opportunity to play in all positions (i.e. backline, centre/on ball, forward line and bench), although this may need to be averaged out over several weeks. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.</p> <p>Players should rotate their position on the ground at least once during the game, to maximize exposure to the game.</p> |
| Captains (8.1) | <p>The coach will appoint a captain or co-captain each week. A player will not be reappointed until all players have had the chance of being a captain.</p> |
| Awards (9.2) | <p>All Under 9 players will receive a participation trophy or medallion at the end of the season.</p> |
| Helmets (10.4) | <p>The wearing of helmets is at the discretion of the individual players and their parents. Any child playing up is actively encouraged to wear a helmet.</p> |



Summary of Under 10 Policies

The following provides a summary of the policies that apply to Yarra Glen Junior Football & Netball Club's Under 10 teams. A full set of policies is available on the Club's website: www.yarraglenjfc.com.au. If there are any discrepancies between this summary and the Club's Policy Manual, the Manual will prevail.

If you have any queries regarding these policies you should contact you team manager / coach in the first instance and then, if necessary the Club Secretary.

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| <p>Player Development (5.2)</p> | <p>In this age group the emphasis is placed on participation and enjoyment. Additional goals are the acquisition of football skills and the nurturing of physical and emotional development and wellbeing.</p> <p>The Club believes strongly in providing equal opportunities to players in the Under 10s. Players should be provided equal game time, although this may need to be averaged out over several weeks. Similarly players should be provided with the opportunity to play in all positions, although this may need to be averaged out over several weeks. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.</p> |
| <p>Training (5.2)</p> | <p>The Under 10s will train one night a week.</p> <p>Players are encouraged to attend training and to participate in a cooperative manner. Non-attendance at training or poor behavior may affect a player's selection or game time.</p> <p>The Club does not provide first aid officers at training. Training may also be cancelled due to excessive heat, inclement weather or poor ground conditions. Accordingly, parents are expected to remain at training. They are also encouraged to assist the coaches with training.</p> |
| <p>Game time (7.2)</p> | <p>Subject to injury or other extenuating circumstances each player:</p> <ul style="list-style-type: none"> o should be afforded the same amount of game time over the course of the season. o selected on game day will play a minimum of three quarters (equiv). <p>No player should play a full game until all players have had the opportunity of playing at least three quarters (equiv).</p> |
| <p>Positioning (7.2)</p> | <p>Players should be provided with the opportunity to play in all positions (i.e. backline, centre/on ball, forward line and bench), although this may need to be averaged out over several weeks. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.</p> <p>Players should rotate their position on the ground at least once during the game, to maximize exposure to the game.</p> |
| <p>Captains (8.2)</p> | <p>The coach will appoint a captain or co-captain each week. A player will not be reappointed until all players have had the chance of being a captain.</p> |
| <p>Awards (9.3)</p> | <p>All Under 10 players will receive a participation trophy or medallion at the end of the season.</p> |
| <p>Helmets (10.4)</p> | <p>The wearing of helmets is at the discretion of the individual players and their parents. Any child playing up is actively encouraged to wear a helmet.</p> |



Summary of Under 11/12 Policies

The following provides a summary of the policies that apply to Yarra Glen Junior Football & Netball Club's Under 12 teams. A full set of policies is available on the Club's website: www.yarraglenjfc.com.au. If there are any discrepancies between this summary and the Club's Policy Manual, the Manual will prevail.

If you have any queries regarding these policies you should contact you team manager / coach in the first instance and then, if necessary the Club Secretary.

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| <p>Player Development (5.3)</p> | <p>In these age groups the emphasis is placed on participation and enjoyment. Additional focus is placed on skill development and team work supplemented through set plays and positioning.</p> <p>The Club believes strongly in providing equal opportunities to players in the Under 12s. Players should be provided equal game time, although this may need to be averaged out over several weeks. While some players at this age become naturally suited to set positions, we encourage players to try various positions. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.</p> |
| <p>Training (5.3)</p> | <p>The Under11/ 12s may train one or two nights a week.</p> <p>Players are encouraged to attend training and to participate in a cooperative manner. Non-attendance at training or poor behavior may affect a player's selection or game time.</p> <p>A player who is not able to regularly attend training and/or displays a poor attitude at training and where the coaches believes that the player's failure to regularly attend training or attitude could prejudice his/hers skill development and the ability to effectively compete at a higher level may receive limited game time and/or opportunity to play different positions and/or finals.</p> <p>The Club does not provide first aid officers at training. Training may also be cancelled due to excessive heat, inclement weather or poor ground conditions. Accordingly, parents are expected to remain at training. They are also encouraged to assist the coaches with training.</p> |
| <p>Game time (7.3)</p> | <p>Subject to injury or other extenuating circumstances each player:</p> <ul style="list-style-type: none"> o should be afforded the same amount of game time over the course of the season. o selected on game day will play a minimum of three quarters (equiv). <p>No player should play a full game until all players have had the opportunity of playing at least three quarters (equiv).</p> |
| <p>Positioning (7.3)</p> | <p>While some players at this age become naturally suited to set positions, the Club encourages players to try various. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.</p> |
| <p>Finals – player selection (7.4)</p> | <p>Where a team will plays two or more finals then every player on the team list must be selected in at least one of the first two finals.</p> <p>Where a team is not guaranteed to play more than one final then team selection is at the discretion of the coaching staff. It is expected that a fair and reasonable selection process will be undertaken should the team continue to progress (i.e. the Committee expects that all players should be given the opportunity to play in finals).</p> <p>Where a team plays three or more finals, it is expected that a fair and reasonable selection process will be undertaken to give all players equal opportunity to play in finals.</p> |
| <p>Finals – game time (7.4)</p> | <p>Subject to injury or other extenuating circumstances, every player selected in a finals game will play a minimum of half a game (equiv).</p> |



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| Finals – positioning (7.4) | Players should be positioned having regard to their abilities and the needs of the game. |
| Captains (8.2) | <p>Ideally a captain should be appointed for the season. Alternatively, the team may elect to appoint a leadership group.</p> <p>Where a captain is appointed, the team may also appoint a vice captain or vice captains.</p> <p>The coach may appoint the captain or invite the players to vote for whom they believe should be the captain. The coach should ensure that the captain demonstrates maturity, leads by example, has the respect of the players and, most importantly, complies with the Club's behaviour policy.</p> <p>A player in the Under 11s – 15s teams should not be appointed as a captain for two or more consecutive seasons.</p> |
| Home & away awards (9.3) | <p>The following awards will be presented at the end of the season for the Under 12s – 16s;</p> <ul style="list-style-type: none"> ● Best and Fairest (by votes and count back). Multiple winners are allowed and each receives a trophy (i.e. no count backs). ● Runner up Best and Fairest (by votes and conduct). Multiple winners are allowed and each receives a trophy (i.e. no count backs). ● Best team player. Selected at discretion of coach and support staff. Single award only. ● Coaches Award. Selected at discretion of coach and support staff. Single award only. ● Most Improved. Selected at discretion of coach and support staff. Single award only. <p>The 'Best and Fairest' and 'Runner Up' will be determined by a combination of coaches and parents votes. See section 9.3 on how this is to be implemented.</p> <p>If two or more players are tied on the same number of votes, they should be declared joint winners. The same applies to the runners up.</p> |
| Finals awards (9.4) | <p>A Best Finals Player award will be provided for each team participating in the grand final.</p> <p>The method used to identify the best player of the home and away season will also apply to the finals series.</p> |
| Helmets (10.4) | <p>The wearing of helmets is at the discretion of the individual players and their parents. Any child playing up is actively encouraged to wear a helmet.</p> |



Summary of Under 13/14 Policies

The following provides a summary of the policies that apply to Yarra Glen Junior Football & Netball Club's Under 14 teams. A full set of policies is available on the Club's website: www.yarraglenjfc.com.au. If there are any discrepancies between this summary and the Club's Policy Manual, the Manual will prevail.

If you have any queries regarding these policies you should contact you team manager / coach in the first instance and then, if necessary the Club Secretary.

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| <p>Player Development (5.4)</p> | <p>In these age groups there is still an emphasis on participation and enjoyment but with an increasing focus on development as the players mature.</p> <p>The Club believes strongly in providing equal opportunities to players in the Under 14s. Players should be provided equal game time, although this may need to be averaged out over several weeks. Players are still encouraged to try various positions while recognizing that this is a time when players can begin to specialize as they develop and mature.</p> |
| <p>Training (5.4)</p> | <p>The Under 13/14s will train two nights a week. Players must wear mouthguards at training.</p> <p>Players are encouraged to attend training and to participate in a cooperative manner. Non-attendance at training or poor behavior may affect a player's selection or game time.</p> <p>A player who is not able to regularly attend training and/or displays a poor attitude at training and where the coaches believe that the player's failure to regularly attend training or attitude could prejudice his/hers skill development and the ability to effectively compete at a higher level may receive limited game time and/or opportunity to play different positions and/or finals.</p> <p>The Club does not provide first aid officers at training. Training may also be cancelled due to excessive heat, inclement weather or poor ground conditions. Accordingly, parents are expected to remain at training. They are also encouraged to assist the coaches with training.</p> |
| <p>Game time (7.5)</p> | <p>Subject to injury or other extenuating circumstances each player:</p> <ul style="list-style-type: none"> o should be afforded the same amount of game time over the course of the season. o selected on game day will play a minimum of three quarters (equiv). <p>No player should play a full game until all players have had the opportunity of playing at least three quarters (equiv).</p> |
| <p>Positioning (7.5)</p> | <p>While some players at this age become naturally suited to set positions, the Club encourages players to try various. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.</p> |
| <p>Finals – player selection (7.6)</p> | <p>Where a team will play two or more finals then every player on the team list must be selected in at least one of the first two finals.</p> <p>Where a team is not guaranteed to play more than one final then team selection is at the discretion of the coaching staff. It is expected that a fair and reasonable selection process will be undertaken should the team continue to progress (i.e. the Committee expects that all players should be given the opportunity to play in finals).</p> <p>Where a team plays three or more finals, it is expected that a fair and reasonable selection process will be undertaken to give all players equal opportunity to play in finals.</p> |
| <p>Finals – game time</p> | <p>Subject to injury or other extenuating circumstances, every player selected in:</p> <ul style="list-style-type: none"> ● A finals game (except the grand final) will play a minimum of half a game (equiv) ● The grand final will play a minimum of one quarter (equiv). |



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| Finals – positioning (7.6) | Players should be positioned having regard to their abilities and the needs of the game. |
| Captains (8.2) | <p>Ideally a captain should be appointed for the season. Alternatively, the team may elect to appoint a leadership group.</p> <p>Where a captain is appointed, the team may also appoint a vice captain or vice captains.</p> <p>The coach may appoint the captain or invite the players to vote for whom they believe should be the captain. The coach should ensure that the captain demonstrates maturity, leads by example, has the respect of the players and, most importantly, complies with the Club's behaviour policy.</p> <p>A player in the Under 11s – 15s teams should not be appointed as a captain for two or more consecutive seasons.</p> |
| Home & away awards (9.3) | <p>The following awards will be presented at the end of the season for the Under 12s – 16s;</p> <ul style="list-style-type: none"> ● Best and Fairest (by votes and count back). Multiple winners are allowed and each receives a trophy (i.e. no count backs). ● Runner up Best and Fairest (by votes and conduct). Multiple winners are allowed and each receives a trophy (i.e. no count backs). ● Best team player. Selected at discretion of coach and support staff. Single award only. ● Coaches Award. Selected at discretion of coach and support staff. Single award only. ● Most Improved. Selected at discretion of coach and support staff. Single award only. <p>The 'Best and Fairest' and 'Runner Up' will be determined by a combination of coaches and parents votes. See section 9.3 on how this is to be implemented.</p> <p>If two or more players are tied on the same number of votes, they should be declared joint winners. The same applies to the runners up.</p> |
| Finals awards (9.4) | <p>A Best Finals Player award will be provided for each team participating in the grand final.</p> <p>The method used to identify the best player of the home and away season will also apply to the finals series.</p> |
| Helmets (10.5) | <p>The wearing of helmets is at the discretion of the individual players and their parents. Any child playing up is actively encouraged to wear a helmet.</p> |



Summary of Under 15/16/17's Policies

The following provides a summary of the policies that apply to Yarra Glen Junior Football & Netball Club's Under 17 teams. A full set of policies is available on the Club's website: www.yarraglenjfc.com.au. If there are any discrepancies between this summary and the Club's Policy Manual, the Manual will prevail.

If you have any queries regarding these policies you should contact your team manager / coach in the first instance and then, if necessary, the Club Secretary.

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| <p>Player Development (5.5)</p> | <p>This is a watershed period: some players have developed very good skills and have been selected for representative squads. Others are aspiring to play senior football at Yarra Glen while others are less driven to play senior football. Hence it can be a difficult period with players having various aspirations. Our aim is to help the players develop to the best of their abilities and while the Club will seek to achieve this, it will very much depend on the desires of the players and their individual commitments to not only training but their own development.</p> |
| <p>Training (5.5)</p> | <p>The Under 15's-17's will train two nights a week.</p> <p>Players are encouraged to attend training and to participate in a cooperative manner.</p> <p>A player who is not able to regularly attend training and/or displays a poor attitude at training and where the coaches believe that the player's failure to regularly attend training or attitude could prejudice his/hers skill development and the ability to effectively compete at a higher level may receive limited game time and/or opportunity to play different positions and/or finals.</p> <p>The Club does not provide first aid officers at training. Training may also be cancelled due to excessive heat, inclement weather or poor ground conditions. Accordingly, parents are expected to remain at training. They are also encouraged to assist the coaches with training.</p> |
| <p>Game time (7.7)</p> | <p>Subject to injury or other extenuating circumstances each player selected may play a minimum of half a game (equiv).</p> <p>Coaches may, however, apply some discretion to the selection of players and the amount of game time they play in any particular week having regard to:</p> <ul style="list-style-type: none"> ● the preparation of the player (incl. attendance and commitment at training) ● the performance of the player (incl. commitment to the game) ● the calibre of the opposition ● the safety of the player concerned ● the status of the game |
| <p>Positioning (7.7)</p> | <p>Players should be positioned having regard to their abilities and the needs of the game.</p> |
| <p>Finals – player selection (7.8)</p> | <p>Where a team plays two or more finals then every player on the team list must be selected in at least one of the first two finals.</p> <p>Where a team is not guaranteed to play more than one final then team selection is at the discretion of the coaching staff. It is expected that a reasonable and fair selection process will be undertaken should the team continue to progress (i.e. the Committee expects that all players should be given the opportunity to play in finals).</p> <p>Where a team plays three or more finals, it is expected that a fair and reasonable selection process will be undertaken.</p> |
| <p>Finals – game</p> | <p>Subject to injury or other extenuating circumstances, every player selected in a finals game will play a minimum of one quarter (equiv).</p> |



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| Finals – positioning (7.8) | Players should be positioned having regard to their abilities and the needs of the game. |
| Captains (8.3) | <p>The Captain of the Under 15-17's teams will also be appointed as Club Captains. They will, in consultation with their coach, arrange for each player to attend at least one Under 9 or 10 training session to assist with coaching.</p> <p>Accordingly only a single captain should be appointed for each team. The team should also appoint a vice captain or vice captains.</p> <p>The coach may invite the players to vote on who they believe should be the captain. The coach should ensure that the captain demonstrates maturity, leads by example, has the respect of the players and, most importantly, complies with the Club's behaviour policy.</p> |
| Home & away awards (9.3) | <p>The following awards will be presented at the end of the season for the Under 12s – 17s;</p> <ul style="list-style-type: none"> ● Best and Fairest (by votes and count back). Multiple winners are allowed and each receives a trophy (i.e. no count backs). ● Runner up Best and Fairest (by votes and conduct). Multiple winners are allowed and each receives a trophy (i.e. no count backs). ● Best team player. Selected at discretion of coach and support staff. Single award only. ● Coaches Award. Selected at discretion of coach and support staff. Single award only. ● Most Improved. Selected at discretion of coach and support staff. Single award only. <p>The 'Best and Fairest' and 'Runner Up' will be determined by a combination of coaches and parents votes. See section 9.3 on how this is to be implemented.</p> <p>If two or more players are tied on the same number of votes, they should be declared joint winners. The same applies to the runners up.</p> |
| Finals awards (9.4) | <p>A Best Finals Player award will be provided for each team participating in the grand final.</p> <p>The method used to identify the best player of the home and away season will also apply to the finals series.</p> |
| Helmets (10.5) | <p>The wearing of helmets is at the discretion of the individual players and their parents. Any child playing up is actively encouraged to wear a helmet.</p> |



Summary of Under 18 Policies

The following provides a summary of the policies that apply to Yarra Glen Junior Football & Netball Club's Under 18 teams. A full set of policies is available on the Club's website: www.yarraglenjfc.com.au. If there are any discrepancies between this summary and the Club's Policy Manual, the Manual will prevail.

If you have any queries regarding these policies you should contact your team manager / coach in the first instance and then, if necessary, the Club Secretary.

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| <p>Player Development (5.5)</p> | <p>Players have developed very good skills and have been selected for representative squads. Others are aspiring to play senior football at Yarra Glen while others are less driven to play senior football. Hence it can be a difficult period with players having various aspirations. Our aim is to help the players develop to the best of their abilities and while the Club will seek to achieve this, it will very much depend on the desires of the players and their individual commitments to not only training but their own development.</p> |
| <p>Training (5.5)</p> | <p>The Under 18s will train two nights a week.</p> <p>Players are encouraged to attend training and to participate in a cooperative manner.</p> <p>A player who is not able to regularly attend training and/or displays a poor attitude at training and where the coaches believe that the player's failure to regularly attend training or attitude could prejudice his/hers skill development and the ability to effectively compete at a higher level may receive limited game time and/or opportunity to play different positions and/or finals.</p> <p>The Club does not provide first aid officers at training. Training may also be cancelled due to excessive heat, inclement weather or poor ground conditions. Accordingly, parents are expected to remain at training. They are also encouraged to assist the coaches with training.</p> |
| <p>Game time (7.7)</p> | <p>Subject to injury or other extenuating circumstances each player selected may play a minimum of half a game (equiv).</p> <p>Coaches may, however, apply some discretion to the selection of players and the amount of game time they play in any particular week having regard to:</p> <ul style="list-style-type: none"> ● the preparation of the player (incl. attendance and commitment at training) ● the performance of the player (incl. commitment to the game) ● the caliber of the opposition ● the safety of the player concerned ● the status of the game |
| <p>Positioning (7.7)</p> | <p>Players should be positioned having regard to their abilities and the needs of the game.</p> |
| <p>Finals – player selection (7.8)</p> | <p>Where a team plays two or more finals then every player on the team list must be selected in at least one of the first two finals.</p> <p>Where a team is not guaranteed to play more than one final then team selection is at the discretion of the coaching staff. It is expected that a reasonable and fair selection process will be undertaken should the team continue to progress (i.e. the Committee expects that all players should be given the opportunity to play in finals).</p> <p>Where a team plays three or more finals, it is expected that a fair and reasonable selection process will be undertaken.</p> |
| <p>Finals – game</p> | <p>Subject to injury or other extenuating circumstances, every player selected in a finals game will play a minimum of one quarter (equiv).</p> |



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| Finals – positioning (7.8) | Players should be positioned having regard to their abilities and the needs of the game. |
| Captains (8.3) | <p>The Captain of the Under 18's teams will also be appointed as Club Captains. They will, in consultation with their coach, arrange for each Under 18 player to attend at least one Under 9 or 10 training session to assist with coaching.</p> <p>Accordingly only a single captain should be appointed for each team. The team should also appoint a vice captain or vice captains.</p> <p>The coach may invite the players to vote on who they believe should be the captain. The coach should ensure that the captain demonstrates maturity, leads by example, has the respect of the players and, most importantly, complies with the Club's behaviour policy.</p> |
| Home & away awards (9.3) | <p>The following awards will be presented at the end of the season for the Under 12s – 18s;</p> <ul style="list-style-type: none"> ● Best and Fairest (by votes and count back). Multiple winners are allowed and each receives a trophy (i.e. no count backs). ● Runner up Best and Fairest (by votes and conduct). Multiple winners are allowed and each receives a trophy (i.e. no count backs). ● Best team player. Selected at discretion of coach and support staff. Single award only. ● Coaches Award. Selected at discretion of coach and support staff. Single award only. ● Most Improved. Selected at discretion of coach and support staff. Single award only. <p>The 'Best and Fairest' and 'Runner Up' will be determined by a combination of coaches and parents votes. See section 9.3 on how this is to be implemented.</p> <p>If two or more players are tied on the same number of votes, they should be declared joint winners. The same applies to the runners up.</p> |
| Finals awards (9.4) | <p>A Best Finals Player award will be provided for each team participating in the grand final.</p> <p>The method used to identify the best player of the home and away season will also apply to the finals series.</p> |
| Helmets (10.5) | <p>The wearing of helmets is at the discretion of the individual players and their parents.</p> |



Football Game Time Policy

Yarra Glen Junior Football & Netball Club seeks to provide all players with similar opportunities to play football.

Under 9s game time

Player numbers

The minimum numbers of players in all grades is fourteen (14) to constitute a match.

Game Time

Subject to injury or other extenuating circumstances each player:

- o should be afforded the same amount of game time over the course of the season.
- o selected on game day will play a minimum of half a game (equiv).

No player should play a full game until all players have had the opportunity of playing at least half a game (equiv).

Positioning

Players should be provided with the opportunity to play in all positions (i.e. backline, centre/on ball, forward line and bench), although this may need to be averaged out over several weeks. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.

Players should rotate their position on the ground at least once during the game, to maximize exposure to the game.

Under 10s game time

Player numbers

The minimum numbers of players in all grades is fourteen (14) to constitute a match.

Game Time

Subject to injury or other extenuating circumstances each player:

- o should be afforded the same amount of game time over the course of the season.
- o selected on game day should play a minimum of three quarters (equiv).

No player should play a full game until all players have had the opportunity of playing at least three quarters (equiv).

Positioning

Players should be provided with the opportunity to play in all positions (i.e. backline, centre/on ball, forward line and bench), although this may need to be averaged out over several weeks. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.

Players should rotate their position on the ground at least once during the game, to maximize exposure to the game.

Under 11/12s home and away game time

Player numbers

The minimum numbers of players in all grades is fourteen (14) to constitute a match.

Game Time

Subject to injury or other extenuating circumstances each player:

- o should be afforded the same amount of game time over the course of the season.



- o selected on game day will play a minimum of three quarters (equiv).

No player should play a full game until all players have had the opportunity of playing at least three quarters (equiv).

Positioning

While some players at this age become naturally suited to set positions, the Club encourages players to try various. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.

Under 11/12s finals game time

AFLOE rules determine eligibility for finals, stipulating that a minimum of five (5) fixture games during the season with the team playing finals to be eligible to play for that team in the finals.

It is generally recognised that finals football is different from Home and Away games. The policy will be based on the following principles:

- An opportunity for as many players as is possible to experience finals football.
- An understanding that player selection and playing time for individual players gives the team the best possible opportunity to win.

Player selection

Where a team will play two or more finals then every player on the team list must be selected in at least one of the first two finals.

Where a team is not guaranteed to play more than one final then team selection is at the discretion of the coach. It is expected that a fair and reasonable selection process will be undertaken should the team continue to progress (i.e. the Committee expects that all players should be given the opportunity to play in finals).

Where a team plays three or more finals, it is expected that a fair and reasonable selection process will be undertaken to give all players equal opportunity to play in finals.

Game Time

Subject to injury or other extenuating circumstances, every player selected in a finals game will play a minimum of half a game.

Positioning

Players should be positioned having regard to their abilities and the needs of the game.

Under 13/14s home and away game time

Player numbers

The minimum numbers of players in all grades is fourteen (14) to constitute a match.

Game Time

Subject to injury or other extenuating circumstances each player:

- o should be afforded similar game time over the course of the season.
- o selected on game day will play a minimum of three quarters (equiv).

Positioning

While some players are naturally suited to set positions, the Club encourages players to try various positions. We believe this to be the best way to provide young footballers with all round development regardless of their level of ability.

Under 13/14s finals game time



AFLOE rules determine eligibility for finals, stipulating that a minimum of five (5) fixture games during the season with the team playing finals to be eligible to play for that team in the finals.

It is generally recognised that finals football is different from Home and Away games. The policy will be based on the following principles:

- An opportunity for as many players as is possible to experience finals football.
- An understanding that player selection and playing time for individual players gives the team the best possible opportunity to win.
- An understanding that the policy will provide Coaches in the Under 14s greater scope for varying playing time for individual players than Under 12s.

Player selection

Where a team plays two or more finals then every player on the team list must be selected in at least one of the first two finals.

Where a team is not guaranteed to play more than one final then team selection is at the discretion of the coach. It is expected that a reasonable and fair selection process will be undertaken should the team continue to progress (i.e. the Committee expects that all players should be given the opportunity to play in finals).

Where a team plays three or more finals, it is expected that a fair and reasonable selection process will be undertaken to give all players equal opportunity to play in finals.

Game Time

Subject to injury or other extenuating circumstances, every player selected in:

- a finals game (except the grand final) will play a minimum of half a game (equiv).
- the grand final will play a minimum of one quarter (equiv).

Positioning

Players will be positioned having regard to their abilities and the needs of the game.

Under 15s - 18s home and away game time

Player numbers

The minimum numbers of players in all grades is fourteen (14) to constitute a match.

Game Time

Subject to injury or other extenuating circumstances each player selected may play a minimum of half a game (equiv).

Coaches may, however, apply some discretion to the selection of players and the amount of game time they play in any particular week having regard to:

- the preparation of the player (incl. attendance and commitment at training)
- the performance of the player (incl. commitment to the game)
- the calibre of the opposition
- the safety of the player concerned
- the status of the game

Positioning



Players should be positioned having regard to their abilities and the needs of the game.

Under 15s - 18s finals game time

AFLOE rules determine eligibility for finals, stipulating that a minimum of five (5) fixture games during the season with the team playing finals to be eligible to play for that team in the finals.

It is generally recognised that finals football is different from Home and Away games. The policy will be based on the following principles:

- An opportunity for as many players as is possible to experience finals football.
- An understanding that player selection and playing time for individual players gives the team the best possible opportunity to win.
- An understanding that the policy will provide Coaches in the Under 17s greater scope for varying playing time having regard to player commitment and the needs of the game.

Player selection

Where a team plays two or more finals then every player on the team list must be selected in at least one of the first two finals.

Where a team is not guaranteed to play more than one final then team selection is at the discretion of the coach. It is expected that a reasonable and fair selection process will be undertaken should the team continue to progress (i.e. the Committee expects that all players should be given the opportunity to play in finals).

Where a team plays three or more finals, it is expected that a fair and reasonable selection process will be undertaken.

Game Time

Subject to injury or other extenuating circumstances, every player selected in a finals game will play a minimum of one quarter (equiv).

Positioning

Players should be positioned having regard to their abilities and the needs of the game.

Playing up

There may be occasions where a team has insufficient players for a game. Coaches may seek players from the age group below,

The two relevant coaches should satisfy themselves that any child nominated to play up is capable of playing in the higher competition.

The coach has total discretion about the amount of game time a substitute player may play if s/he has already played a game that day.

Records

Team Management must keep a record of:

- player availability each week; and
- the amount of game time a player receives each week.
- Awards allocated to Players each week

The team manager must:

- keep the records until presentation day



- provide the records to the Committee with 48hours of receiving a request from the Club Secretary or Football Manager for the records.



Netball Player Development & Game Time Policy

Yarra Glen Junior Football & Netball Club seeks to provide all players with similar opportunities to play netball.

The player rotation and court time policy is to assist the club's coaches to help develop and strengthen the skills of all our netball players. At all levels the enjoyment of the sport of netball is paramount.

The club's aim is to develop all players and provide a solid base of skills that will hold them in good stead for as long as they wish to play netball.

U9 Netball

- There should be focus on skill development and learning rules of the game.
- The aim is to have fun and improve – winning is not a focus at this level.
- Full rotation of all positions on the court over the season.
- Team rotations should be planned by the coach to ensure that the team remains balanced, but importantly should offer the players the opportunity to play in different positions. It is essential for players to understand every position on the court.
- Multi-skilling will also aid in increasing a team's depth. After all, a good defender also requires strong attacking and visa versa.
- Equal court time for all players. Adjustments for injury, illness, time away will mean that some players have less court time over the season.
- Players must have a minimum court time equivalent to a half.
- Aim for players to play 2 positions each game over 2 zones of the court. At this age too many positional changes in a match can be confusing for some players.
- By the end of the season all players should have played every position on the court several times.

U11 Netball

- The focus continues to be skills development and game knowledge. As players develop, fitness training often becomes more pertinent.
- Set plays and court strategies should begin to be coached.
- Equal court time for all players. Adjustments for injury, illness, time away will mean that some have less court time over the season, however, coaches have the discretion to deduct court time but only if training becomes an issue. Refer to Training Policy
- Players must have a minimum court time equivalent to a half.
- Aim for players to play 2 positions each game over 2 zones of the court.



- Players will be starting to stream into favoured and strongest positions and areas of court. However, all players should still be able to play 3 to 4 positions with confidence.
- Finals court time is at discretion of the coach, but each player who is qualified and able to play is entitled to a minimum 2 quarters per finals game.
- If a player is qualified and able to play, they will not be taken off the court to be replaced by a player not registered against the team to play.

U13, U15 & U17 Netball

- Skill development fitness and court strategies continue to be important.
- Positions will be established, but each player should be able to play at least 2 – 3 positions with confidence.
- Coaches should aim to give players variety in their positions played (ie don't limit a player to just one position).
- Coaches should aim for equal court time and it is at the coaches discretion to deduct court time if training is missed without valid reason, ie one quarter less on match day for missed training. This needs to be discussed with player and player guardian, coaching convener needs to be informed also. Refer to Training Policy
- Players must have a minimum court time equivalent to a half.
- 17 and Under teams may experience interruptions from schooling commitments, such as VET courses, this will be coordinated in partnership with the player, family, coach and YGJFNC committee/ Coaches Coordinator.
- Finals court time is at discretion of the coach, but each player who is qualified and able to play is entitled to a minimum 2 quarters per finals game. If a player is qualified and able to play, they will not be taken off the court to be replaced by a player not registered against the team to play.



Football & Netball Captains

Yarra Glen Junior Football & Netball Club seeks to provide strong leadership for all of our teams and to reward players who clearly lead by example and reflect the values of the Club.

Under 9s, Under 10s and Under 11 captains

The coach will appoint a captain or co-captain each week. A player will not be reappointed until all players have had the chance of being a captain.

Under 12s to Under 17s captains

Ideally a captain should be appointed for the season. Alternatively, the team may elect to appoint a leadership group.

Where a captain is appointed, the team may also appoint a vice captain or vice captains.

The coach may appoint the captain or invite the players to vote for whom they believe should be the captain. The coach should ensure that the captain demonstrates maturity, leads by example, has the respect of the players and, most importantly, complies with the Club's behaviour policy.

A player in the Under 12s – 17s teams should not be appointed as a captain for two or more consecutive seasons.